



### Outdoor Tournament Play

1. All U9 and U10 play in NYW sanctioned tournaments must be advertised/marketed and contested as "Festivals" or "Jamborees." Format of play must be round robin with no results recorded/posted. There shall be no awards based on win/loss records for these age divisions – only participation awards for all players.
2. Teams in the U9 and U10 age divisions that travel to out of state festivals/jamborees shall only participate in events where teams play a maximum of 8 v 8, including the goalkeeper, on modified fields with modified goals, and that meet the NYSWYSA Tournament Play guidelines as stated above in section
3. All play in NYW sanctioned tournaments for the U9 and U10 age divisions must be no more than 7 v 7, including the goalkeeper, on a field with maximum dimensions of approximately 60 x 40 yards, with modified goals.
4. All tournament play for the U11 age division must be no more than 8 v 8, including the goalkeeper, on a field with maximum dimensions of approximately 80 x 55 yards; with either full sized or modified goals (modified goals are recommended).

### Travel League Play

1. League play at the U9 and U10 level shall be no more than 7 v 7, including the goalkeeper, and on a field with maximum dimensions of approximately 60 x 40 yards, with modified goals.
2. League play for the U11 age division must be no more than 8 v 8, including the goalkeeper, on a field of maximum dimensions of approximately 80 x 55 yards; with either full sized or modified goals (modified goals are recommended).
3. League play at the U12 level is strongly recommended to be 8 v 8, including the goalkeeper, or no more than 9 v 9 including the goalkeeper on a field of maximum dimensions of approximately 80 x 55 yards with either full sized or modified goals (modified goals are recommended).

### National Championship Series (State Cup)

The U12 age group will be the youngest division contested with play being 8 v 8, including the goalkeeper on a field of maximum dimensions of approximately 80 x 55 yards with modified goals, to be consistent with the Region I rules for the US Youth Soccer National Championship Series.

### Recommendations

The NYSWYSA Board strongly encourages all travel clubs to keep the U9 & U10 programs as developmental programs playing either 5 v 5 or 6 v 6 games, with occasional matches against



## New York State West Policy on Small Sided Games

10-2013

neighboring clubs by invitation to compete in small - sided games. This system will better prepare players for the travel programs beginning with the U11 age division.

The NYSWYSA Board strongly recommends that all travel leagues conduct play at the U12 level at 8 v 8 including the goalkeeper, or not more than 9 v 9, including the goalkeeper, on a field of maximum dimensions of approximately 80 x 55 yards with modified goals.

The NYSWSYSA Board strongly recommends that clubs and leagues adhere to the US Youth Soccer State Technical Directors Coaching Education Department guidelines as follows:

Age Group	Players	Field Dimensions (Yards)	
		Minimum	Maximum
U5 & U6	3 v 3 no goal keeper	20L x 15W	30L x 25W
U7 & U8	4 v 4 no goal keeper	25L x 20W	35L x 30W
U9 & U10	6 v 6 with goal keeper	45L x 35W	60L x 45W
U11 & U12	8 v 8 with goal keeper	70L x 45W	80L x 55W
U13+	11 v 11 with goal keepers	100L x 50W	130L x 100W

References:

[US Youth Soccer Association State Technical Directors' Position Statement](#)

[US Youth Soccer Small Sided Game Resources](#)

- Why Small Sided Games
- Official Rules for Small Sided Games
- Small Sided Games Manual
- National Program Overview
- International Program Overview
- Age Specific Practice Activities