



531-9 PENALTIES MATRIX

PHYSICAL OFFENSES OF GROSS MISCONDUCT, ABUSE, AND / OR ASSAULT		
PHYSICAL	Min. Games	Time
Minor or Slight Deliberate Touching	3	1 Month - 6 months
Pushing, Grabbing, Pulling, Squeezing, Pinching, Lightly Slapping, Use of Object in Non-Striking Manner, or Physical Property Damage	10	6 Months - 24 months
Hitting, Punching, Elbowing, Kicking, Biting, Spiting, Choking, Tackling, Throwing or Use of Object or Any Part of Body (Forearm, Knee, Head) in a Striking Manner		12 Months - Lifetime

NON-PHYSICAL OFFENSES OF GROSS MISCONDUCT, ABUSE, AND / OR ASSAULT		
NON-PHYSICAL	Min. Games	Time
Insulting, Belittling, Insinuating or Taunting Behavior Undermining Referee Authority	2	
Harassment, Intimidation, Retaliation, Abusive, or Threatening (Non-Physical) Language	4	
Aggression, Attacking, Derogatory, Cyberbullying, Doxing or Threatening (Physical / Violence) Language	6	6 Months - 12 months
Offensive or Discriminatory Act ¹	10	12 Months - 24 months

For additional information, please visit ussoccer.com/rap.

¹ Offensive or Discriminatory Act: Offend the dignity or integrity of a referee through widely recognized contemptuous, discriminatory or derogatory words or actions on account of race, skin color, ethnicity, nationality, social origin, gender, disability, sexual orientation, language, or religion - FIFA Code of Ethics